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2018

AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA
DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES

THE MEETING OF THE BOS IN POST GRADUATE DIPLOMA IN YOGA STUDIES (PGDYS)
WAS HELD ON 03rd JUNE 2018 AT 11.00 AM IN THE CHAIRMAN CHAMBER OF DOS IN
PHYSICAL EDUCATION AND SPORTS SCIENCES JNANASHAKTI CAMPUS (TORAVI),
VIJAYAPURA-585108

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AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA
DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES

Proceedings of Board of Studies Meeting in Physical Education PG Diploma in Yoga Studies held on 03rd June 2018 at Department of Studies in Physical Education and Sports Sciences, Akkamahadevi Women's University, Jnanshakti Campus, Vijayapura.

MEMBER PRESENT:

- | | | |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
| 01 | Dr. N. Chandrappa,
Professor and Dean Faculty of Education
DOS in Physical Education and Sports Sciences,
Akkamahadevi Women's University,
Vijayapura | Chairman |
| 02 | Dr. D. M. Jyoti
Asst. Professor
DOS in Physical Education and Sports Sciences,
Akkamahadevi Women's University,
Vijayapura. | Member |
| 03 | Dr. Rajkumar P Malipatil
Asst. Professor
DOS in Physical Education and Sports Sciences,
Akkamahadevi Women's University,
Vijayapura. | Member |

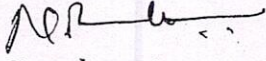
EXTERNAL MEMBERS

- | | | |
|-----|-------------------------------------------------------------------------------------------------------|--------|
| 01. | Dr. Sundar Raj Uras
Registrar (Evaluation)
Bangalore North University,
Bangalore. | Member |
| 02 | Dr. C. K. Kishor Kumar
Director of Physical Education
Mangalore University,
Mangalore | Member |

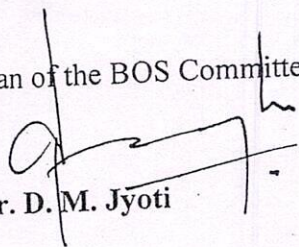
OUT STANDING PERSONS IN THE RELATED FIELD.

- | | | |
|----|------------------------------------------------------------------------------------------------------------------|--------|
| 1. | Sri. Arjun Devayya
Secretary
Karnataka State Athletic Association,
Kantirava Stadium, Bangalore. | Member |
|----|------------------------------------------------------------------------------------------------------------------|--------|

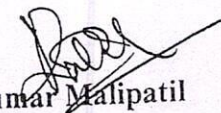
The meeting was concluded with vote of thanks by the Chairman of the BOS Committee.



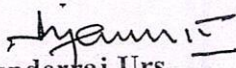
Dr. N. Chandrappa



Dr. D. M. Jyoti

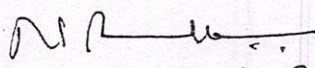


Dr. Rajkumar Malipatil



Dr. Sunderraj Urs

Dr. C. K. Kishore Kumar



(Dr. N. Chandrappa) 31/6/18

Chairman BOS in Physical Education (PG)



AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA
DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES

REGULATION FOR CERTIFICATE COURSE IN YOGA STUDIES (CYS)

Proceedings of Board of Studies Meeting (UG) in Physical Education meeting held on 26th July 2018 at 11.00 AM at Department of Physical Education and Sports Sciences Jnanashakti Campus, (Toravi) Akkamahadevi Women's University Vijayapura to frame the Regulations Syllabi for Certificate Course in Yoga Studies.

MEMBER PRESENT:

- | | | |
|-----|------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 01. | Prof. N. Chandrappa
Chairman BOS
Dept of Physical Education & Sports Sciences,
AWU, Vijayapura | Chairman |
| 02. | Prof D.M.Jyoti
Professor
Dept of Physical Education & Sports Sciences,
AWU, Vijayapura | Member |
| 03. | Dr.Srinivasa
Assistant Professor
Dept of Physical Education & Sports Sciences,
AWU, Vijayapura | Member |
| 04. | Dr. K.K. Amarnath
Associate Professor
University college of Physical education
Jnana Bharati campus.
Banglore University, Banglore | External Member |
| 05. | Dr. S. Madialagan
Chairman
DOS in Physical Education & Sports Sciences.
Sports pavilion, Mysore University, Mysore | External Member |

MEMBERS NOT PRESENT

- | | | |
|-----|----------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 06. | Dr. S. M. Prakash
Director and Chairman
Department of Physical Education
Kuvempu University, Shankarghatta
Shivamoga | External Member |
| 07. | Dr. Gerald Santosh Disouza
Chairman
Dept of Physical Education
Mangalore University,
Mangalagangothri
Mangalore | External Member |

AGENDA

1. Recommendations to be made in respect of Syllabi, Scheme of examination and regulations governing the B.P.Ed. Two years course of the Akkamahadevi Women's University, Vijayapura.
2. Recommendation Panel of Examiners 2018-19 approval for BPEd Course.
3. Recommendation to be made in respect of New System Question Paper for BPEd Course.
4. Any other subject with the permission of the Chairman.

PROCEEDINGS

The Chairman welcomed all the B.O.S members and briefed about the Agenda to be discussed and decision has to be taken.

The following decisions were taken by the Board of Studies, unanimously.

Agenda – 1 Recommendations to be made in respect of Syllabi, Scheme of examination and regulations governing the B.P.Ed. two years course of the Akkamahadevi Women's University, Vijayapura.

Decision: The Board unanimously resolved to approve the syllabi, scheme of examination and regulations governing B.P.Ed two years course of the Akkamahadevi Women's University, Vijayapura.

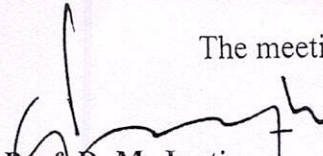
Agenda – 2 Recommendation Panel of Examiners 2018-19 for approval of B.P.Ed Course.

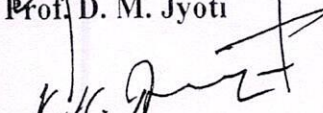
Decision: The Board unanimously resolved to approve the panel of examiners for the B.P.Ed examination 2018-19 onwards. **Annexure - I**

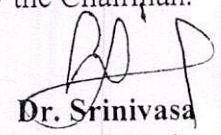
Agenda – 3 Recommendation to be made in respect of New System Question Paper for BPEd Course.

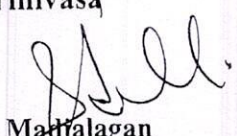
Decision: The Board unanimously resolved to approve the New System Question Paper for BPEd Course. **Annexure - II**

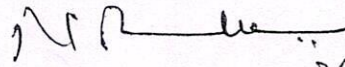
The meeting was concluded with vote of thanks by the Chairman.


Prof. D. M. Jyoti


Dr. K. K. Amaranth


Dr. Srinivasa


Dr. S. Madhalagan


Dr. N. Chandrappa, 26/7/18
Chairman BOS (UG)

DOS in Physical Education and Sports Sciences
A W University, Vijayapura



AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA
DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES

THE MEETING OF THE BOS IN POST GRADUATE DIPLOMA IN YOGA STUDIES (PGDYS)
WAS HELD ON 10th APRIL 2019 AT 11.00 AM IN THE CHAIRMAN CHAMBER OF DOS IN
PHYSICAL EDUCATION AND SPORTS SCIENCES JNANASHAKTI CAMPUS (TORAVI),
VIJAYAPURA-585108



KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA
DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES

Proceedings of Board of Studies Meeting in Physical Education PG Diploma in Yoga Studies held on **10th April 2019** at Department of Studies in Physical Education and Sports Sciences, Karnataka State Akkamahadevi Women's University, Jnanshakti Campus, Vijayapura.

MEMBER PRESENT:

- | | | |
|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
| 01 | Dr. D. M. Jyoti
Professor and Chairman
DOS in Physical Education and Sports Sciences,
Karnataka State Akkamahadevi Women's University,
Vijayapura. | Chairman |
| 02 | Dr. Rajkumar P Malipatil
Associate Professor
DOS in Physical Education and Sports Sciences,
Karnataka State Akkamahadevi Women's University,
Vijayapura. | Member |

EXTERNAL MEMBERS

- | | | |
|-----|---------------------------------------------------------------------------------------------------------------------------------|--------|
| 01. | Dr. Sundar Raj Urs
Professor
University College of Physical Education
Bangalore North University,
Bangalore. | Member |
|-----|---------------------------------------------------------------------------------------------------------------------------------|--------|

MEMBERS NOT PRESENT:

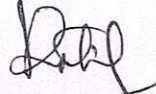
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|----|--------------------------------------------------------------------------------------------------------|--------|
| 01 | Dr. C. K. Kishore Kumar
Director of Physical Education
Mangalore University,
Mangalore | Member |
|----|--------------------------------------------------------------------------------------------------------|--------|
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OUT STANDING PERSONS IN THE RELATED FIELD.

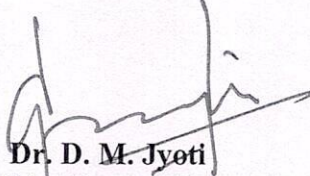
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|----|------------------------------------------------------------------------------------------------------------------|--------|
| 01 | Sri. Arjun Devayya
Secretary
Karnataka State Athletic Association,
Kantirava Stadium, Bangalore. | Member |
|----|------------------------------------------------------------------------------------------------------------------|--------|

The meeting was concluded with vote of thanks by the Chairman of the BOS Committee.

Dr. Sunder Raj Urs



Dr. Rajkumar Malipatil



Dr. D. M. Jyoti
Chairman BOS in Physical Education (PG)

AGENDA

1. Recommendations to be made in respect of Syllabi, Scheme of examination and regulations governing the Post Graduation Diploma in Yoga Studies (PGDYS) one year course of the Akkamahadevi Women's University, Vijayapura.
2. Recommending Panel of Examiners 2019-20 for approval of PG Diploma in Yoga Studies Course.
3. Recommending the Model Question Paper of PG Diploma in Yoga Studies Course.
4. Any other subject with the permission of the Chairman.

PROCEEDINGS:

The Chairman welcomed all the of B.O.S members and briefed about the Agenda to be discussed and decision has to be taken. The Board of studies which met on 01st June 2018 has resolved the following recommendations unanimously.

Agenda – 1 Recommendations to be made in respect of Syllabi, Scheme of examination and Regulations governing Post Graduation Diploma in Yoga Studies (PGDYS) one year course of the Akkamahadevi Women's University, Vijayapura.

Decision: The Board unanimously resolved to approve the syllabi, scheme of examination and regulations governing Post Graduation Diploma in Yoga Studies (PGDYS) one Year course of the Akkamahadevi Women's University, Vijayapura.

Agenda – 2 Recommending Panel of Examiners 2019-20 for approval of PG Diploma in Yoga Studies Course.

~~**Decision:** The Board unanimously resolved to approve the panel of examiners for the PG Diploma in Yoga Studies examination 2019-20 onwards.~~ **Annexure - I**

Agenda – 3 Recommending the Model Question Paper of PG Diploma in Yoga Studies Course.

Decision: The Board unanimously resolved to approve the Model Question Paper for PG Diploma in Yoga Studies Course.



KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA
DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES


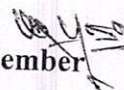
**THE MEETING OF THE BOS IN POST GRADUATE DIPLOMA IN YOGA STUDIES (PGDYS) WAS
HELD ON 23rd FEBRUARY 2021 AT 11.00 AM IN THE CHAIRMAN CHAMBER OF DOS IN
PHYSICAL EDUCATION AND SPORTS SCIENCES JNANASHAKTI CAMPUS (TORAVI),
VIJAYAPURA-585108**



KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA
DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES

Proceedings of Board of Studies Meeting in PG Diploma in Yoga Studies held on **23rd February 2021** at Department of Studies in Physical Education and Sports Sciences, Karnataka State Akkamahadevi Women's University, Jnanshakti Campus, Vijayapura.

INTERNAL MEMBER PRESENT:

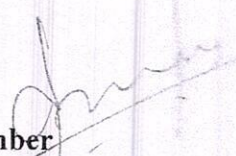
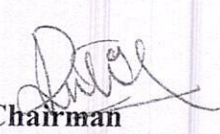
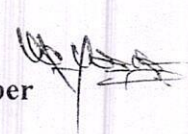
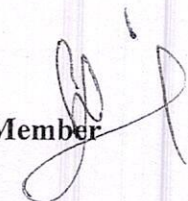
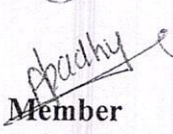

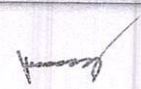
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|------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| 01 | Dr. Rajkumar P. Malipatil
Associate Professor and Chairman
DOS in Physical Education and Sports Sciences,
Karnataka State Akkamahadevi Women's University,
Vijayapura. | 
Chairman |
| 02 | Prof. D. M. Jyoti
Professor & Dean Faculty of Education
DOS in Physical Education and Sports Sciences,
Karnataka State Akkamahadevi Women's University,
Vijayapura. | Member |
| 03 | Dr. Sakpal Hoovanna
Associate Professor
DOS in Physical Education and Sports Sciences,
Karnataka State Akkamahadevi Women's University,
Vijayapura. | 
Member |
| 04 | Dr. Srinivas
Asst. Professor
Department of Studies in Physical Education & Sports Sciences
Karnataka State Akkamahadevi Women's University, Vijayapura | Member |
| 05. | Dr. Jyoti Upadhye
Asst. Professor
Department of Studies in Physical Education & Sports Sciences
Karnataka State Akkamahadevi Women's University, Vijayapura | Member |

EXTERNAL MEMBER PRESENT


- | | | |
|-----------|---------------------------------------------------------------------------------------------|---------------|
| 01 | Dr. N. G. Kannur
Director of Physical Education, Gulbarga University
Kalaburgi | Member |
| 02 | Dr. P. C. Krishnaswamy
Professor and Chairman, Bangalore University, Bangalore | |
| 03 | Dr. Shakuntala Hiremath , Athletic Coach Karnataka University,
Dharwad | Member |

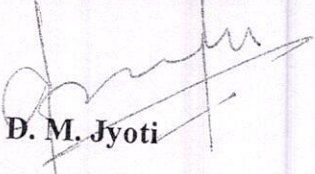
Annexure – I


BOS INTERNAL AND EXTERNAL MEMBERS SIGNATURE

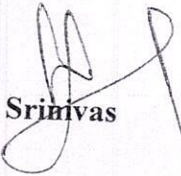
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|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| 01 | Prof. D. M. Jyoti
Professor & Dean Faculty of Education
DOS in Physical Education and Sports Sciences,
Karnataka State Akkamahadevi Women's University,
Vijayapura. | Member  |
| 02 | Dr. Rajkumar P Malipatil
Associate Professor and Chairman
DOS in Physical Education and Sports Sciences,
Karnataka State Akkamahadevi Women's University,
Vijayapura. | Chairman  |
| 03 | Dr. Sakpal Hoovanna
Associate Professor
DOS in Physical Education and Sports Sciences,
Karnataka State Akkamahadevi Women's University,
Vijayapura. | Member  |
| 04 | Dr. Srinivas
Assistant Professor
Department of Studies in Physical Education & Sports Sciences
Karnataka State Akkamahadevi Women's University, Vijayapura | Member  |
| 05. | Dr. Jyoti Upadhye
Asst. Professor
Department of Studies in Physical Education & Sports Sciences
Karnataka State Akkamahadevi Women's University, Vijayapura | Member  |
| 06 | Dr. N. G. Kannur
Director of Physical Education,
Gulbarga University
Kalaburgi | Member  |
| 07 | Dr. P. C. Krishnaswamy
Professor and Chairman,
Bangalore University, Bangalore |  |
| 08 | Dr. Shakuntala Hiremath,
Athletic Coach Karnataka University,
Dharwad | Member |

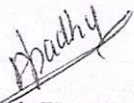
The meeting was concluded with vote of thanks by the Chairman of the BOS Committee



Dr. Rajkumar P. Malipatil



Prof. D. M. Jyoti


Dr. Sakpal Hoovanna

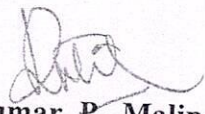

Dr. Srinivas


Dr. Jyoti Upadhye


Dr. N. G. Kannur


Dr. P. C. Krishnaswamy

Dr. Shakuntala Hiremath,


Rajkumar P. Malipatil
Chairman BOS in Physical Education (PG)

AGENDA

1. Recommendations to be made in respect of Syllabi, Scheme of examination and regulations governing the Post Graduation Diploma in Yoga Studies (PGDYS) one year course of the Karnataka State Akkamahadevi Women's University, Vijayapura.
2. Recommending Panel of Examiners 2020-21 for approval of PG Diploma in Yoga Studies Course.
3. Recommending the Model Question Paper of PG Diploma in Yoga Studies Course.
4. Any other subject with the permission of the Chairman.

PROCEEDINGS:

The Chairman welcomed all the of B.O.S members and briefed about the Agenda to be discussed and decision has to be taken. The Board of studies which met on 23rd February 2021 has resolved the following recommendations unanimously.

Agenda – 1 Recommendations to be made in respect of Syllabi, Scheme of examination and Regulations governing Post Graduation Diploma in Yoga Studies (PGDYS) one year course of the Karnataka State Akkamahadevi Women's University, Vijayapura.

Decision: The Board unanimously resolved to approve the syllabi, scheme of examination and regulations governing Post Graduation Diploma in Yoga Studies (PGDYS) one Year course of the Karnataka State Akkamahadevi Women's University, Vijayapura.

Agenda – 2 Recommending Panel of Examiners 2020-21 for approval of PG Diploma in Yoga Studies Course.

Decision: The Board unanimously resolved to approve the panel of examiners for the PG Diploma in Yoga Studies examination 2020-21 onwards.

Annexure - I

Agenda – 3 Recommending the Model Question Paper of PG Diploma in Yoga Studies Course.

Decision: The Board unanimously resolved to approve the Model Question Paper for PG Diploma in Yoga Studies Course.



KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA
DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES

Proposed panel of examiners list for the PG Diploma in Yoga Studies during 2020-21
Approved by the Board of Studies Meeting held on 23rd February 2021 at Department of Studies in
Physical Education and Sports Sciences, Karnataka State Akkamahadevi Women's University,
Jnanashakti Campus Vijayapura.

Sl. No.	Name, Designation & Address/Internal Members Panel List
1	Dr. Rajkumar P. Malipatil Associate Professor and Chairman Department of Studies in Physical Education & Sports Sciences Karnataka State Akkamahadevi Women's University, Vijayapura Mobile No: 9945566411
2	Prof. D. M. Jyoti Professor and Dean Faculty of Education Department of Studies in Physical Education & Sports Sciences Karnataka State Akkamahadevi Women's University, Vijayapura Mobile No: 9448570696
3	Dr. Sakpal Hoovanna Associate Professor Department of Studies in Physical Education & Sports Sciences Karnataka State Akkamahadevi Women's University, Vijayapura Mobile No: 9945208418
4	Dr. Srinivas Asst. Professor Department of Studies in Physical Education & Sports Sciences Karnataka State Akkamahadevi Women's University, Vijayapura Mobile No: 9880292027
5	Dr. Jyoti Upadhye Asst. Professor Department of Studies in Physical Education & Sports Sciences Karnataka State Akkamahadevi Women's University, Vijayapura Mobile No: 9481880417
6	Dr, Hanumanthayya Pujari Asst. Professor Department of Studies in Physical Education & Sports Sciences Karnataka State Akkamahadevi Women's University, Vijayapura Mobile No: 9740108853
7	Dr. Kiran G N Asst. Professor Department of Studies in Physical Education & Sports Sciences Karnataka State Akkamahadevi Women's University, Vijayapura Mobile No: 9019646688
8	Dr. Ashwini K N Asst. Professor Department of Studies in Physical Education & Sports Sciences Karnataka State Akkamahadevi Women's University, Vijayapura Mobile No: 7022661126

9	Dr. G. Soubhagya Asst. Professor Department of Studies in Education Karnataka State Akkamahadevi Women's University, Vijayapura Mobile No: 9845725944
10	Dr. Shreekant Chavan Full Time Guest Lecturer Center for Yoga Studies Karnataka State Akkamahadevi Women's University, Vijayapura Mob: 9113861106
External Members Panel List	
1	Dr. Krishna Sharma Asst. Professor and Chairman Dept. of Human Consciousness and Yogic Science. Mangalore University, Mangalore Mobile No: 9448241005
2	Dr. Shamsundar J. Asst Professor Dept. of Human Consciousness and Yogic Science. Mangalore University, Mangalore Mobile No: 9448841005
3	Dr. Mahadev Arer Teaching Assistant (Yoga) Dept of Yoga Studies Karnataka University, Dharwad Mobile No:9448915257
4.	Sri. Chandrakant B. Biradar Teaching Assistant (Yoga) Dept. of University College of Physical Education Gulbarga University Kalaburgi – 585106 Mobile No: 9886955340
5.	Dr. Ramkrishna N Coordinator Department of Yoga Studies. Rani Parvatidevi Degree College Belgaum Mob: 9986108369 Email: Ramakrishna.nananya@gmail.com
6.	Dr. Annapoorna K. Incharge and Head Division of Yoga Manipal University Manipal Mob: Email: annapoorna.k@manipal.edu
7.	Dr. K. Venkatachalapathy Assistant Professor Centre for Yoga Studies Annamalai University Chidambaram Tamilnadu Mob: 9944118491 Email: kvpathy@gmail.com

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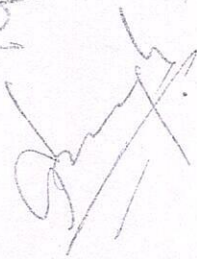
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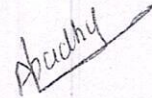
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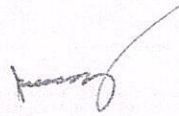
8	Dr. V. Suseela Centre for Yoga Studies Assistant Professor Annamalai University Chidambaram Tamilnadu Mob: 9486421888 Email:suseelapyoga@gmail.com
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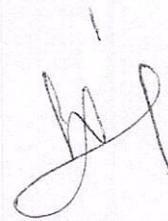


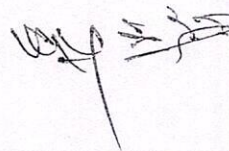












QUESTION PAPER PATTERN

P G Diploma in Yoga Studies Examination

Time 3 hours

Marks: 70

- Instructions: 1. Section A - Answer any **Four** questions.
2. Section B- Answer any **Five** questions.

Section A

- I. Answer any **Four** Questions from the following. 4 x5=20
- 1.
 - 2.
 - 3.
 - 4.
 - 5.
 - 6.

Section B

- II. Answer any **Five** Questions from the following. 5x10= 50
- 7.
 - 8.
 - 9.
 - 10.
 - 11.
 - 12.
 - 13.
-

[Handwritten signatures and marks at the bottom of the page]

distinction. 60% of the maximum marks shall be declared to have passed in first class. Those who secure 50% or above but below 60% shall be declared to have passed in second class. All others who secure 40% or above but less than 50% of marks shall be declared to have passed the examination in third class.

Reappearing Facility:

A candidate failing only in one or more theory papers or in a practical paper is allowed to reappear for those paper/s in which she has failed. She need not reappear for the papers in which has passed.

AWARD OF P.G. DIPLOMA

A candidate shall be eligible for the award of the Diploma if she has passed all the examinations prescribed thereof.

REVISION OF REGULATIONS AND CURRICULUM

The University may from time to time revise, amend and change the regulations and Curriculum if found necessary.

Scheme of papers and practical's

Paper No	Title of the Paper	Credits	Exam Marks	IA	Total
PGDYS 1.1	Foundations of yoga	05	70	30	100
PGDYS 1.2	Principles of Yogic Practices	05	70	30	100
PGDYS 1.3	Science of Yoga	05	70	30	100
PGDYS 1.4	Practical Training in Yoga	05	70	30	100
Semester II					
PGDYS 2.1	Philosophical Foundations of Yoga	05	70	30	100
PGDYS 2.2	Yoga and Psychology	05	70	30	100
PGDYS 2.3	Applied Yoga	05	70	30	100
PGDYS 2.4	Practical-Teaching methods of yogic practices, Project work, Viva-voce and Study Tour		30+30+20+20		100
Total Marks					800