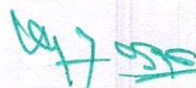


**Department of Studies in Physical Education and Sports Sciences**

**M.P.Ed. Dissertation List 2017-18**

<b>Sl.No.</b>	<b>Name</b>	<b>Title</b>
01	Anitha Rani R	A comparative study on self esteem between physical education and other PG students
02	Jagadeshwari	A study on physical fitness among students of Karnataka state Akkamahadevi women's university students
03	Kushalabai Metri	A comparative study health related fitness between bped and mped students.
04	Laxmidevi Handijoger	a comparative study of aggression of volleyball and non-volleyball players
05	Sunita Pattar	A comparative study of self confidence and achievement motivation on bped and mped students of Akkamahadevi women's university Vijayapura
06	Vijayalaxmi Sambanna Natikar	The influence of socio-economic status on personality traits of kabaddi players.



**CHAIRMAN**

Department of Studies in  
Physical Education & Sports Science  
Karnataka State Women's University.  
Bijapur



AN EXPERIMENTAL STUDY ON ACCORBESION OF VOLLEYBALL  
AND NON VOLLEYBALL PLAYERS



SUBMITTED BY

LAKSHMI DEVI B

SUPERVISED BY

DR. ANUMANTHAYYA PUJARI

Assistant Professor

A THESIS PARTIALLY SUBMITTED IN PARTIAL FULLFILMENT OF THE  
REQUIREMENTS FOR THE DEGREE OF MASTER OF PHYSICAL  
EDUCATION IN THE DEPARTMENT OF STUDIES IN PHYSICAL  
EDUCATION AND SPORTS SCIENCES, Akkamahadevi WOMENS  
UNIVERSITY, VIJAYAPURA

DATE 2022



**AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPUR.**



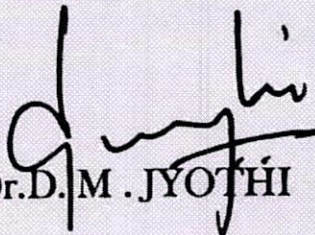
**CERTIFICATE**

I certify that Dissertation entitled "A COMPARATIVE STUDY OF AGGRESSION OF VOLLEYBALL AND NON-VOLLEYBALL PLAYERS Was prepared by **KUM. LAKSHMI DEVI.B M.P.Ed** fourth Semester under the guidance and supervision of **Dr. HANUMANTHAYYA PUJARI** I recommend that this dissertation may be accepted as fulfilling the partial requirement for the award of Degree of Master of Physical Education (**M.P.Ed**) in the Akkamahadevi Women's University, Vijayapura during the year

2017.

Date:

Place: Vijayapura

  
Dr. D. M. JYOTHI

Coordinator

Dept of studies in Physical.Edn.&Sports Sciences.

Akkamahadevi Women's University,

Vijayapura.



**“A COMPARATIVE STUDY OF SELF CONFIDENCE  
AND ACHIEVEMENT MOTIVATION ON B.P.ED AND  
M.P.ED STUDENTS” OF AKKAMAHADEVI WOMENS  
UNIVERSITY VIJAYAPUR.**



**SUBMITTED BY  
SMT. SUNITA PATTAR**

**SUPERVISED BY  
Dr. SAKPAL HOOVANNA**

**A DESSERTATION SUBMITTED IN PARTIAL FULLFILMENT  
OF THE REQUIREMENTS FOR THE DEGREE OF MASTER OF  
PHYSICAL EDUCATION IN THE IN THE DEPARTMENT OF  
STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES,  
AKKAMAHADEVI WOMEN'S UNIVERCITY, VIJAYAPUR.**

**JUNE- 2018**



# AKKAMAHADEVI WOMEN'S UNIVERSITY,VIJAYAPUR.



## CERTIFICATE

I certify that the Dissertation entitled "A COMPARATIVE STUDY OF SELF CONFIDENCE AND ACHIEVEMENT MOTIVATION ON B.P.ED AND M.P.ED STUDENTS OF AKKAMAHADEVI WOMENS UNIVERSITY VIJAYAPUR". Was prepared by, **Smt. Sunita Pattar**, M.P.Ed. student, under guidance and supervision of **Dr Sakpal Hoovanna** Asst. Professor I recommend that this may be accepted as fulfilling the partial requirement for the award of **Degree of Master of Physical Education (M.P.Ed)** in the Akkamahadevi Women`s University, Vijayapur during the year 2018.

Date: 27/6/18  
Place: Vijayapur

**Dr.N. Chandrappa**

Chairman  
Department of in studies in Physical  
Education and sports Sciences  
Akkamahadevi Women`s University  
Vijayapur.



**THE INFLUENCE OF SOCIO-ECONOMIC STATUS ON  
PERSONALITY TRAITS OF KABADDI PLAYERS**



**SUBMITTED BY**

**VIJAYALAXMI NATIKAR**

**SUPERVISED BY**

**DR. JYOTI UPADYA**

**A DESSERTATION SUBMITTED IN PARTIAL FULLFILMENT  
OF THE REQUIREMENTS FOR THE DEGREE OF MASTER OF  
PHYSICAL EDUCATION IN THE IN THE DEPARTMENT OF  
STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES,  
AKKAMAHADEVI WOMENS UNIVERSITY,  
VIJAYAPUR.**

**2018**





**KARNATAKA STATE WOMEN'S UNIVERSITY,  
VIJAYAPUR**

**CERTIFICATE**

I certify that the Dissertation entitled in to **"THE INFLUENCE OF SOCIO-ECONOMIC STATUS ON PERSONALITY TRAITS OF KABADDI PLAYERS"**. Was prepared by **VIJAYALAXMI NATIKAR** M.P.Ed. student, under the guidance and supervision of **Dr. Jyoti Upadya** I recommend that this may be accepted as fulfilling the partial requirement for the award of **degree of Master of Physical Education (M.P.Ed)** in the Akkamahadevi Women's University, Vijayapur during the year 2018.

Date: 27/6/18  
Place: Vijayapur.

**Dr. N. Chandrappa**

Chairman  
Department of Studies in  
Physical Education & Sports  
Sciences Karnataka State  
Women's University Vijayapur.



**Department of Studies in Physical Education and Sports Sciences**

**M.P.Ed. Dissertation List 2018-19**

<b>S.No</b>	<b>Name of the Student</b>	<b>Title</b>
01	Danamma D Wali	A study on achievement motivation among physical education students
02	Geeta Walikar	A comparative study on mental toughness between volleyball and handball players
03	Kavita Kamble	An analytical study on selected physical fitness variables of kho-kho players.
04	Mahananda Gasti	A Comparative study on the selected physical fitness components of Karnataka state Akkamahadevi women's university and rani chennamma university kabaddi players.
05	Neeta Kale	
06	Nirmala H S	Comparative study on self-confidence and stress of bped and bed female students of Akkamahadevi women's university, vijayapura
07	Padma Timmappa	A study on achievement motivation of women's basketball and volleyball players of physical education students from karnataka state Akkamahadevi women's university vijayapura
08	Rajiya Begum	A Comparative Study Mental Health among Athletes and Non Athletes in Karnataka State Akkamahadevi Women.s University Vijayapur
09	Sangeetha B	A Comparative study on nutritional knowledge between bped and mped students.
10	Savita Rathod	A comparative study on aggression between kho-kho and kabaddi players
11	Shilpavati	Effect of yogasna on selected psychological variables
12	Suneeta Soppadla	A comparative study on self esteem among university PG students

  
**CHAIRMAN**  
Department of Studies in  
Physical Education & Sports Science  
Karnataka State Women's University,  
Bijapur



**A COMPARATIVE STUDY OF THE SELECTED  
PHYSICAL FITNESS COMPONENTS OF KARNATAKA  
STATE AKKAMAHADEVI WOMEN'S UNIVERSITY AND  
RANICHENNAMMA UNIVERSITY KABADDI PLAYERS**



**SUBMITTED BY  
MAHANANDA GASTI**

**SUPREVISED BY  
Dr. SAKPAL HOOVANNA**

**Assistant Professor**

**A DESSERTTATION SUBMITTED IN PARTIAL FULLFILMENT OF THE  
REQUIREMENTS FOR THE DEGREE OF MASTARY OF PHYSICAL  
EDUCATION IN THE DEPARTMEN OF STUDIES IN PHYSICAL EDUCATION  
AND SPORTS SCIENCE KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY VIJAYAPUR.**

**JUNE 2019**





# KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY VIJAYAPUR.



## *CERTIFICATE*

*I certify that Dissertation entitled "A COMPARATIVE STUDY OF THE SELECTED PHYSICAL FITNESS COMPONENTS OF KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY AND RANI CHENNAMMA UNIVERSITY KABADDI PLAYERS". Was prepared by MAHANANDA A GASTI M.P.ED IV Semester student under the guidance and supervision of Dr. SAKPAL HOOVANNA I recommend that this dissertation may be accepted as fulfilling the partial requirement for the award of Degree of master of physical education (M.P.ED) in the Karnataka State Akkamahadevi Women's University Vijayapur during the year 2018-19.*

Date:

Place: Vijayapur

Prof. D. M. JYOTI

Chairman

Department of Studies in Physical Education  
and Sports Science Karnataka State  
Akkamahadevi Women's University  
Vijayapur.



**COMPARATIVE STUDY ON SELF-CONFIDENCE AND  
STRESS OF B.P.ED AND B.ED FEMALE STUDENTS OF  
AKKAMAHADEVI WOMEN'S UNIVERSITY,  
VIJAYAPURA**



**SUBMITTED BY**

**Miss. NIRMALA.H.S**  
MPED, II YEAR

**SUPERVISED BY**

**Dr. JYOTI A. UPADHYE**  
ASSISTANT PROFESSOR

**THE DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND  
SPORTS SCIENCES, KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPUR**

**A DESSERTATION SUBMITTED IN PARTIAL FULLFILMENT OF THE  
REQUIREMENTS FOR THE DEGREE OF MASTER OF PHYSICAL  
EDUCATION IN THE DEPARTMENT OF STUDIES IN PHYSICAL  
EDUCATION AND SPORTS SCIENCES, KARNATAKA STATE  
AKKAMAHADEVI WOMEN'S NIVERSI TY, VIJAYAPURA.**

**JUNE-2019**



**KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA**



**CERTIFICATE**

This is to certify that dissertation entitled "COMPARATIVE STUDY ON SELF-CONFIDENCE AND STRESS OF B.P.Ed AND B.Ed FEMALE STUDENTS OF AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA" was prepared by **NIRMALA H.S.**, M.P.Ed student under the guidance and supervision of **Dr. JYOTI A. UPADHYE**, Assistant Professor, D.O.S In Physical Education and Sports Sciences, K.S.A.W.U, Vijayapura. Submitted the Dissertation as fulfilling the partial requirement for the award Degree of Master of Physical Education in the Karnataka State Akkamahadevi Women's University, Vijayapura, during the year 2019.

*Upadhye*  
**Dr. JYOTI A. UPADHYE**

Assistant Professor

Department Physical Education and Sports  
Sciences, Karnataka State Akkamahadevi  
Women's University, Vijayapura

**Date:**

**Place: Vijayapura**



**A STUDY ON ACHIEVEMENT MOTIVATION OF  
WOMEN'S BASKET BALL AND VOLLEYBALL  
PLAYERS OF PHYSICAL EDUCATION STUDENTS  
FORM KARNATAKA STATE AKKAMAHADVI  
WOMEN'S UNIVERSITY VIJAYAPURA**



**A DISSERTATION**

**SUBMITTED IN PARTIAL FULFILMENT OF THE REQUIREMENTS  
FOR THE DEGREE OF MASTER OF PHYSICAL EDUCATION:**

**SUBMITTED BY**

**Miss. PADMA TIMMAPPA**

**SUPREVISED BY**

**Dr. HANUMANTHAYYA PUJARI**

*Assistant Professor*

**DEPARTMENT OF STUDIES IN PHYSICAL  
EDUCATION AND SPORTS SCIENCE'S  
KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA.**

**JUNE 2019**



**KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY  
VIJAYAPUR**



**CERTIFICATE**

I certified that Dissertation entitled "A STUDY ON ACHIEVEMENT MOTIVATION OF WOMEN'S BASKET BALL AND VOLLEYBALL PLAYERS OF PHYSICAL EDUCATION STUDENTS FORM KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY VIJAYAPURA". Was prepared by PADMA TIMMAPPAM.P.ED IV Semester student under the guidance and supervision of Dr. HANUMANTHAYYA PUJARI Assistant professor recommend that this may accepted as fulfilling the partial requirement the award of Degree of Master Of Physical Education (M.P.ED) in the Karnataka State Akkamahadevi Women's University Vijayapura During The Year 2019.

**Date:**

**Place:** Vijayapura

**Prof. D. M. Jyoti**

**Chairman**

Department of Studies in Physical Education and Sports Science  
Karnataka State Akkamahadevi Women's University  
Vijayapura



**A COMPARATIVE STUDY ON MENTAL HEALTH  
AMONG ATHLETS AND NON ATHLETS IN KARNATAKA  
STATE AKKAMAHADEVI WOMEN'S UNIVERSITY  
VIJAYAPUR**



**A DISSERTATION  
SUBMITTED IN PARTIAL FULFILMENT OF THE REQUIREMENTS  
FOR THE DEGREE OF MASTER OF PHYSICAL EDUCATION**

**SUBMITTED BY  
Miss. RAJIYABEGAM  
R NO- MPE17109**

**SUPREVISED BY  
Dr. KIRAN G. N  
Assistant Professor**

**DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCE'S  
KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY,  
VIJAYAPURA.**

**JUNE 2019**



**KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY  
VIJAYAPUR**

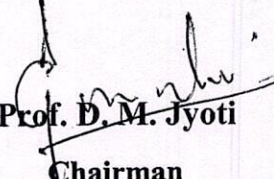


**CERTIFICATE**

I certified that Dissertation entitled "STUDY ON MENTAL HEALTH AMONG ATHLETS AND NON ATHLETS IN KARNATAKA STATE SKKAMAHADEVI WOMEN'S UNIVERSITY. Was prepared by Miss. RAJIYABEGAM M.P.ED IV Semester student under the guidance and supervision of Dr. KIRAN G. N Assistant professor recommend that this may accepted as fulfilling the partial requirement the award of Degree of Master Of Physical Education (M.P.ED) in the Karnataka State Akkamahadevi Women's University Vijayapura During The Year 2019.

**Date:**

**Place:** Vijayapura

  
**Prof. D. M. Jyoti**  
**Chairman**

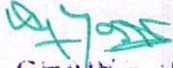
Department of Studies in Physical Education and Sports Science  
Karnataka State Akkamahadevi Women's University  
Vijayapura



**Department of Studies in Physical Education and Sports Sciences**

**M.P.Ed. Dissertation List 2019-20**

<b>S.No</b>	<b>Name of the Student</b>	<b>Title</b>
1	Anjana Talawar	Effect of flexibility training on jumping ability of athletes
2	Aruna Mahalingpur	A comparative study on strength and endurance between volleyball and basketball players
3	Basavva	A study on BMI of PG students of Karnataka State akkamahadevi women's university Vijayapura
4	Chandrabhaga K	A comparative study of self-confidence on BPEd students of Karnataka State akkamahadevi women's university Vijayapura
5	Kasturi Konnur	A comparative study on anxiety between individual and group game players.
6	Kavya N J	A comparative study of self confidence and achievement motivation of physical education (B.P.Ed) and Education (B.Ed) students of Karnataka state akkamahadevi women's university vijayapura
7	Lakshmi Dodamani	A study of personality traits and self concepts of athletes
8	Madakka F Adur	A comparative study on aggression between individual and group game players.
9	Salmabegum	Analysis of Selected Health and Physio-motor Variables of Residential and Non Residential Students
10	Shantavva Meti	The Study of Attitude toward Physical Education as Academic Subjects for Degree college Students.
11	Sowmya J S	A comparative study on personality traits between individual and group game players.
12	Usha N	A comparative study on endurance and explosive power of kabaddi and kho-kho players
13	Vidya Madiwalar	A comparative study on Body mass index and flexibility of kabaddi and kho-kho womne's

  
CHAIRMAN  
Department of Studies in  
Physical Education & Sports Science  
Karnataka State Women's University,  
Bijapur.



**“A comparative study of self-confidence On BPEd and BEd Students Of  
Karnataka state Akkamahadevi women’s university vijayapura”**



**SUBMITTED BY  
CHANDRABHAGA.K**

**UNDER THE SUPERVISION OF  
Dr.SAKPAL HOOVANNA**

**A DISSERTATION SUBMITTED IN PARTIAL FULFILLMENT OF THE  
REQUIREMENTS FOR THE FOR THE DEGREE OF MASTER OF  
PHYSICAL EDUCATION (MPED) AT DEPARTMENT OF STUDIES IN  
PHYSICAL EDUCATION AND SPORTS SCIENCES  
KARNATAKA STATE AKKAMAHADEVI WOMEN’S UNIVERSITY,  
VIJAYAPURA**

**SEPTEMBER - 2020**

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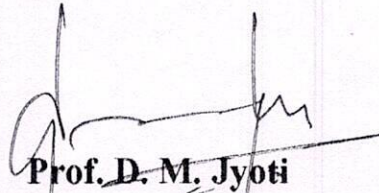
**KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY,  
VIJAYAPURA**



## **Certificate**

**This is to certify that the Dissertation entitled "A comparative study of self-confidence On BPEd and BEd Students Of Karnataka state Akkamahadevi women's university vijayapura" was submitted by**

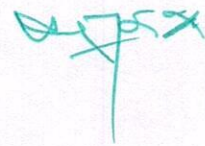
**Kum.CHANDRABHAGA.K, M.P.Ed Final Year Student under my Guidance and supervision of. Dr. SAKPAL HOOVANNA I recommend that this may be accepted as fulfilling the partial requirement for the Degree of Master of Physical Education (M.P.Ed) at Department of Studies in Physical Education and Sports Sciences Karnataka State Akkamahadevi Women's University, Vijayapura during the year of 2020.**

  
**Prof. D. M. Jyoti**  
Chairman

**DOS in Physical Education and Sports Sciences  
KSAWU, Vijayapura**

**Date:**

**Place:**





**"A comparative study of self-confidence and achievement motivation of physical  
Education (B.P.Ed) and Education(B.Ed) students of Karnataka state  
Akkamahadevi women's university Vijayapura"**



**SUBMITTED BY  
KAVYA .N.J**

**UNDER THE SUPERVISION OF  
Dr.JYOTI.A.UPADHYE**

**A DISSERTATION SUBMITTED IN PARTIAL FULFILLMENT OF THE  
REQUIREMENTS FOR THE FOR THE DEGREE OF MASTER OF  
PHYSICAL EDUCATION (MPED) AT DEPARTMENT OF STUDIES IN  
PHYSICAL EDUCATION AND SPORTS SCIENCES  
KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY,  
VIJAYAPURA**

**SEPTEMBER - 2020**



**KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY,  
VIJAYAPURA**



**Certificate**

**This is to certify that the Dissertation entitled "A comparative study of self - confidence and achievement motivation of physical education(B.P.Ed)and Education (B.Ed) students of karnataka state Akkamahadevi women's university vijayapura" was submitted by Kum. KAVYA N.J, M.P.Ed Final Year Student under my Guidance and supervision of. Dr. JYOTLA.UPADHYE.**

**I recommend that this may be accepted as fulfilling the partial requirement for the Degree of Master of Physical Education (M.P.Ed) at Department of Studies in Physical Education and Sports Sciences Karnataka State Akkamahadevi Women's University, Vijayapura during the year of 2020.**

**Prof. D. M. Jyoti**

**Chairman & Dean Faculty of Education**

**DOS in Physical Education and Sports Sciences  
KSAWU, Vijayapura**

**Date:**

**Place:**



**A STUDY OF PERSONALITY TRAITS AND SELF  
CONCEPTS OF ATHELETS**



**SUBMITTED BY  
KUM. LAKSHAMI DODAMANI**

**UNDER THE SUPERVISION OF  
DR. HANUMANTHAYYA PUJARI**

**A DISSERTATION SUBMITTED IN PARTIAL FULFILLMENT OF  
THE REQUIREMENTS FOR THE FOR THE DEGREE OF  
MASTER OF PHYSICAL EDUCATION (M.P.ED)  
AT DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND  
SPORTS SCIENCES  
KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY,  
VIJAYAPURA**

**SEPTEMBER - 2020**

**Reg. No - MP181007**



**KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY,  
VIJAYAPURA**



## **Certificate**

**This is to certify that the Dissertation entitled A STUDY OF PERSONALITY TRAITS AND SELF CONCEPTS OF ATHELETS was submitted by Kum. LAKSHMI DODAMAN, M.P.Ed Final Year Student under the guidance and supervision of Dr. Hanumanthayya pujari Assistant Professor, I recommend that this may be accepted as fulfilling the partial requirement for the Degree of Master of Physical Education (M.P.Ed) at Department of Studies in Physical Education and Sports Sciences Karnataka State Akkamahadevi Women's University, Vijayapura during the year of 2020.**

**Prof. D. M. Jyoti**  
**Chairman**

**DOS in Physical Education and Sports Sciences  
KSAWU, Vijayapura**

**Date:**

**Place:**



19-20

**KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY,  
VIJAYAPURA**



**SUBMITTED BY  
KUM .SALMA BEGUM  
REG NO – MP181011**

**UNDER THE SUPERVISION  
DR. RAJKUMAR P. MALIPATIL  
ASST. PROFESSOR**

**A DISSERTATION SUBMITTED IN PARTIAL FULFILMENT OF THE  
REQUIREMENTS FOR THE DEGREE OF MASTER OF PHYSICAL  
EDUCATION (M.P.ED) AT DEPARTMENT OF STUDIES IN PHYSICAL  
EDUCATION AND SPORTS SCIENCES.**

**KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY,  
VIJAYAPURA**

**SEPTEMBER – 2020**



**KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY,  
VIJAYAPURA**



**Certificate**

**This is to certify that the Dissertation entitled "Analysis of selected health and physio-motor variables of residential and non-residential students" was submitted by Kum, Salma Begum, M.P.Ed Final Year Student under guidance and supervision. I recommend that this may be accepted as fulfilling the partial requirement for the Degree of Master of Physical Education (M.P.Ed) at Department of Studies in Physical Education and Sports Sciences Karnataka State Akkamahadevi Women's University, Vijayapura during the year of 2020.**

**Prof. D. M. Jyoti**  
**Chairman**

**Dean, Faculty of Education  
DOS in Physical Education and Sports Sciences  
KSAWU, Vijayapura**

**Date:**

**Place: Vijayapura**



2019-20

**“THE STUDY OF ATTITUDE TOWARD  
PHYSICAL EDUCATION AS A ACADEMIC  
SUBJECT FOR DEGREE COLLEGE  
STUDENTS”**



**SUBMITTED BY  
SHANTAVVA.U.METI  
UNDER THE SUPERVISION OF  
Prof.D.M.JYOTI  
Chairman**

**A DISSERTATION SUBMITTED IN PARTIAL FULFILMENT  
OF THE REQUIREMENTS FOR THE DEGREE OF MASTER OF  
PHYSICAL EDUCATION (M.P.E.) AT DEPARTMENT OF  
STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES  
KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA**

**SEPTEMBER-2020**



**KARNATAKA STATE AKKAMADAHADEVI  
WOMEN'S UNIVERSITY, VIJAYAPURA**



***CERTIFICATE***

**This is to certify that dissertation entitled "THE STUDY OF ATTITUDE TOWARDS PHYSICAL EDUCATION AS A ACADEMIC SUBJECT FOR DEGREE COLLEGE STUDENTS" was submitted by kum.shantavva.u.meti. MPED final year student under my guidance and supervision of prof.D.M.JYOTI, I recommend that this may be accepted as fulfilling the partial requirement for the degree of master of physical education [MPED] at department of studies in physical education and sports sciences Karnataka state akkamahadevi women's university, viayapura during the year of 2020**

Prof. D. M. JYOTI

Chairman

DOS in physical education and sports

Sciences KSAWU

VIJAYAPUR

Date:

Place:



**“A COMPARITIVE STUDY ON BODY MASS INDEX AND  
FLEXIBILITY OF KABADDI AND KHO-KHO WOMEN’S”.**



**SUBMITTED BY  
KUM. VIDYA MADIWALAR**

**UNDER THE SUPERVISION  
Dr. SAKPAL HOOVANA**

**A DISSERTATION SUBMITTED IN PARTIAL FULFILMENT OF THE  
REQUIREMENTS FOR THE DEGREE OF MASTER OF PHYSICAL  
EDUCATION (MPED) AT DEPARTMENT OF STUDIES IN PHYSICAL  
EDUCATION AND SPORTS SCIENCES.**

**KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY,  
VIJAYAPURA**

**SEPTEMBER – 2020**

*(Handwritten signature in green ink)*

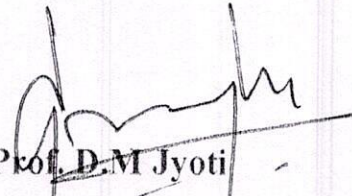


KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA



## Certificate

This is to certify that the Dissertation entitled "A COMPARATIVE STUDY ON BODY MASS INDEX AND FLEXIBILITY OF KABADDI AND KHO-KHO WOMEN'S." submitted by Kum. VIDYA MADIWALAR, MPED Final year Student under guidance and supervision of Dr. SAKPAL HOOVANA Assistant professor, I recommend that this may be accepted as fulfilling the partial requirement for the Degree of Master of Physical Education (M.P.Ed) at Department of Studies in Physical Education and Sports Sciences Karnataka State Akkamahadevi Women's University, Vijayapura during the Academic year of 2020.

  
Prof. D.M. Jyoti  
Chairman

Dean, Faculty of Education.

DOS in physical education and sports sciences

KSAWU, Vijayapura.

Date:

Place: Vijayapura





**Department of Studies in Physical Education and Sports Sciences**

**M.P.Ed. Dissertation List 2020-21**

Sl. No	Name of the Student	Title
1	Ashwini Mahadevappa	A comparative study on psychological variables between volleyball and kabaddi players
2	Ashwini Shankar Akka	A study on physical fitness profile of bped students.
3	Bhuvaneshwai Ambanna	A study on skin folds measurement among track athletes.
4	Bijina S Patel	A study on anxiety among university volleyball players
5	Chaitra Guttanna Aloor	Comparative study on physiological variables among Yoga students and non-yoga students
6	Iravva Yankanchi	Effect of nadishodana pranyama on grip strength at karantaka state Akkamahadevi women's university, Vijayapura
7	Jettemma Mudiyyappa	A comparative study on sachievement motivation between kho-kho and kabaddi players
8	Lalita S Biradar	A Comparative Study on Sports Competitive Anxiety Between B.P.Ed. and M.P.Ed. Students
9	Laxmibai B Mugalolli	Comparative study on psychological variables among Yoga students and non-yoga students
10	Nandabai	Comparatives study on physical fitness among physical education students
11	Neelambika K	Effect of dynamic warm-up on speed ability
12	Nikita Maruti	Comparative study on speed between volleyball and handball players
13	Pooja Shankar Pawar	Comparative study on strehgt between volleyball and basketball players
14	Shruti R Itkari	Comparatives study on motor fitness among physical education trainers
15	Shweeta SYaragall	Comparative study on self confidence between kho-kho and handball players
16	Vedavati Rathod	A comparative study on mental toughness between BPEd and Mped students



**CHAIRMAN**

Department of Studies in  
Physical Education & Sports Science  
Karnataka State Women's University.  
Bijapur.



15  
"Comparative Study on Physiological Variables among BPed Yoga  
Students and Non-Yoga Students"

*Dissertation Submitted to the Karnataka state Akkamahadevi Women's  
University, Vijayapura, for the award of the degree of*

**MASTER  
IN  
PHYSICAL EDUCATION**

**By**

**Kum. Chaitra G Aloor  
MPed Student**

**Under the Guidance of  
Dr. Jyoti A Upadhye  
Assistant Professor**



**DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES,  
KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY,**

**VIJAYAPURA  
JUNE - 2021**





**Karnataka State Akkamahadevi Women's University Vijayapura**

**Department of Studies in Physical Education and Sports Sciences**

**Dr. Rajkumar P Malipatil**

**Associate Professor and Chairman**

**Mobile No: 9945566411**

**Email: patlrajkumarp@gmail.com**

## **CERTIFICATE**

This is to certify that this Dissertation entitled "Effect of Nadishodhana Pranayama on grip strength at Karnataka State Akkamahadevi Women's University, Vijayapura" Submitted by Kum. Iravva Yankanchi, MPed Final year Student under the guidance and supervision of Dr. Hanumanthayya Puajri, Assistant Professor, I recommended that, this may be accepted as fulfilling the partial requirement for the Degree of Master of Physical Education and Sports Sciences, Karnataka State Akkamahadevi Women's University, Jnanashakthi Campus, Toravi, Vijayapura during the year of 2021.

**Date:**

**Place: Vijayapura.**

**Signature of the Chairman**

**(Dr. Rajkumar P Malipatil)**



**“COMPARATIVE STUDY ON MOTOR  
FITNESS AMONG PHYSICAL EDUCATION  
TRAINEES”**

**Dissertation Submitted to the Karnataka state  
Akkamahadevi Women's**

**University, Vijayapura, for the award of the degree of**

**MASTER  
IN  
PHYSICAL EDUCATION**

**By  
Kum. Shruti R Itekari  
MPed Student**

**Under the Guidance of  
Dr. Hanumanthayya Pujari  
Assistant Professor**



**DEPARTMENT OF STUDIES IN PHYSICAL  
EDUCATION AND SPORTS SCIENCES,  
KARNATAKA STATE AKKAMAHADEVI  
WOMEN'S UNIVERSITY, VIJAYAPURA**

**JUNE – 2021**





**Karnataka State Akkamahadevi Women's University Vijayapura**

**Department of Studies in Physical Education and Sports Sciences**

**Dr. Hanumanthayya Pujari**  
Assistant Professor and Supervisor

Mobile No: 9740108853

Email: hspujaru@gmail.com

## **CERTIFICATE**

This is to certify that this Dissertation entitled "COMPARATIVE STUDY ON MOTOR FITNESS AMONG PHYSICAL EDUCATION TRAINEES" Submitted by **Kum. Shruti R Itekari**, For the Degree of Master of Physical Education through the Department of Studies in Physical Education and Sports Sciences, Karnataka State Akkamahadevi Women's University, Jnanashakthi Campus, Toravi, Vijayapura, is based on the results of the study carried out by her under my guidance and supervision.

This dissertation or any part thereby has not been submitted elsewhere for the award of any other degree.

**Signature of the Guide**

**Date:**  
**Place: Vijayapura**

**(Dr. Hanumanthayya Pujari)**



***“A Comparative Study on Sports Competitive Anxiety between BPed and MPed Students”***



***Dissertation Submitted to the Karnataka state Akkamahadevi Women's University, Vijayapura, for the award of the degree of***

**MASTER  
IN  
PHYSICAL EDUCATION**

**By**

**Kum. Lalita S Biradar  
MPed Student**

**Under the Guidance of**

**Smt. Ashwini K N**

**Assistant Professor**

**DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS  
SCIENCES, KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA**

**JUNE - 2021**





**Karnataka State Akkamahadevi Women's University  
Vijayapura**

*Department of Studies in Physical Education and Sports Sciences*

**Dr. Rajkumar P Malipatil**

Mobile No: 9945566411

Associate Professor

Email:

patrajkumarp@gmail.com

**CERTIFICATE**

This is to certify that this Dissertation entitled "*A Comparative Study on Sports Competitive Anxiety between BPED and MPED Students*" Submitted by **Kum. Lalita S Biradar**, MPED Final year Student under the guidance of **Smt. Ashwini K N**, Assistant Professor, I recommended that, this may be accepted as fulfilling the partial requirement for the Degree of Master of Physical Education and Sports Sciences, Karnataka State Akkamahadevi Women's University, Jnanashakthi Campus, Toravi, Vijayapura during the year of 2021.

Date:

Place: Vijayapura.

Signature of the Chairman  
(Dr. Rajkumar P Malipatil)



***Comparative Study on Mental Toughness between BPed and  
MPed Students***

*Submitted to the Karnataka state Akkamahadevi Women's  
University, Vijayapura, for the award of the degree of*

**MASTER**

**IN**

**PHYSICAL EDUCATION**

**By**

**Kum. Vedavati Rathod**

**MPed Student**

**Under the Guidance of**

**Smt. Ashwini K N**

**Assistant Professor**



**DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES,  
KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY,**

**VIJAYAPURA  
JUNE - 2021**





**Karnataka State Akkamahadevi Women's University Vijayapura**

**Department of Studies in Physical Education and Sports Sciences**

**Smt. Ashwini K N**

**Assistant Professor and Supervisor**

**Mobile No: 7022661126**

**Email: ashwini.bcom.1888@gmail.com**

## **CERTIFICATE**

I hereby certify that this Dissertation entitled "***A Comparative Study on Physical Fitness between BPed and MPed Students***" Submitted by **Kum. Ashwini K N**, For the Degree of Master of Physical Education through the Department of Studies in Physical Education and Sports Sciences, Karnataka State Akkamahadevi Women's University, Jnanashakthi Campus, Toravi, Vijayapura, is based on the results of the study carried out by her under my guidance and supervision.

This dissertation or any part thereof has not been submitted elsewhere for the award of any other degree.

**Signature of the Guide**


**(Smt. Ashwini K N)**



**Department of Studies in Physical Education and Sports Sciences**

**M.P.Ed. Dissertation List 2021-22**

Sl. No.	Name of the Student	Title
1	Hanumavva y Koppad	A study on leadership qualities among M.P.Ed and other P.G. Students of Karnataka State Akkamahadevi Women's University, Vijayapura
2	Shahera M Jarjari	Exploring the Association between leg power and speed ability of physical education students Karnataka state Akkamahadevi women's university Vijayapura
3	Ashritha P.P	Effect of circuit training on selected physical variables among school girls
4	Akshata A Kambale	A study on emotional intelligence between athlete and non athletes of akkamahadevi women's university vijayapura and Karnataka university vijayapura
5	Sushma B.P	Comparative study on motor fitness components among previous and final year students of B.P.Ed Karnataka State Akkamahadevi Women's University, Vijayapura
6	Mahadevi Sabanna	The effect of four weeks weight training on physiological and psychological variables of secondary school girls
7	Sujatha K	A comparative study on mental toughness between bped and mped students.
8	Deepa Badiger	The Comparative study of Physical education facilities and programme among different types of secondary schools of vijayapura district
9	Yasmin Mujawar	A comparative study of cardiovascular fitness between sportsperson and non sportsperson
10	Shilpa R	The study of attitude towards physical education as a academic subject for degree college student vijayapura
11	Lakshmibai S Kolakar	Effect of yogasana on physical and psychological variables of secondary school girls
12	Akshata Kundangar	A Comparative Study of Physical Fitness Components between Volleyball and Kabaddi players Women's University Inter Collegiate Players

  
**CHAIRMAN**  
Department of Studies in  
Physical Education & Sports Science  
Karnataka State Women's University,  
Bijapur.



**"A STUDY ON LEADERSHIP QUALITIES AMONG  
M.P.Ed AND OTHER P.G. STUDENTS OF KARNATAKA  
STATE AKKAMAHADEVI WOMEN'S UNIVERSITY,  
VIJAYAPURA"**

**Submitted To**

**The Karnataka State Akkamahadevi Women's University,  
Vijayapura**

**For the Award of the Degree of**

**MASTER**

**IN**

**PHYSICAL EDUCATION**

**BY**

**Kum. HANAMAVVA .Y. KOPPAD**

**MPed Student**

**Under the Guidance of**

**DR. JYOTI A UPADHYE**

**Associate Professor**

**Physical Education and Sports Sciences  
KSAWU, Vijayapura**

**Through The Department of Studies in Physical  
Education and Sport Sciences**

**KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA.**

**2021-22**





**KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA.**

**Department of Studies in Physical Education and Sports Sciences,**

**DR. JYOTI A UPADHYE**

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**Associate Professor And Supervisor**

**Email: [jyotisdandagvol@hotmail.com](mailto:jyotisdandagvol@hotmail.com)**

## **CERTIFICATE**

I Certify that the dissertation entitled "A STUDY ON LEADERSHIP QYALITIES AMONG M.P.Ed AND OTHER P.G. STUDENTS OF KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA" was prepared by Kum. HANAMAVVA .Y. KOPPAD for the degree of master of physical education through the department of student in physical education and sports sciences, Karnataka State Women's University Vijayapur is based on the results of the study carried out by her under my guidance and supervision.

The dissertation or any part thereby has not been submitted elsewhere for the award of any other degree.

**Date:**

**Place: Vijayapur**

*Jyoti A Upadhye*  
**Signature of the guide**

**DR. JYOTI A UPADHYE**

**Associate Professor And Supervisor**

**Research Guide**

**Physical Education & Sports Sciences**

**KSAWU, Vijayapura**



**"EXPLORING THE ASSOCIATION BETWEEN LEG POWER  
AND SPEED ABILITY OF PHYSICAL EDUCATION STUDENTS  
KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA**



**SUBMITTED IN PARTIAL FULFILMENT OF THE  
REQUIREMENTS FOR THE DEGREE OF MASTER OF  
PHYSICAL EDUCATION**

**SUBMITTED BY**

**Kum. SHAHERA M JARJARI**

**MPEd Student**

**Under the Guidance of**

**Smt Ashwini K N**

**Assistant Professor**

**Physical Education and Sports Sciences**

**KSAWU, Vijayapura**

**DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND  
SPORTS, SCIENCES, KARNATAKA STATE WOMEN'S  
UNIVERSITY, VIJAYAPUR**

**2022-23**





**KARNATAKA STATE WOMEN'S UNIVERSITY,  
VIJAYAPUR**

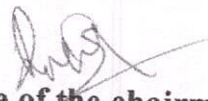
**DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND  
SPORTS, SCIENCES**

**Dr. Rajkumar P Malipatil**  
DOS Chairman

Mobile No: 9945566411  
Email id :patrajkumarp@gmail.com

**CERTIFICATE**

I Certify that the dissertation entitled "EXPLORING THE ASSOCIATION BETWEEN LEG POWER AND SPEED ABILITY OF PHYSICAL EDUCATION STUDENTS KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA" Submitted by Kum. SHAHERA M JARJARI MPED Final year student under the guidance and supervision of Smt Ashwini K N Assistant Professor I recommended that, this may be accepted as fulfilling the partial requirement for the degree of master of physical education and education and spirts sciences, Karnataka state Akkamahadevi Women's University, Vijayapura during the year of 2022-23.

  
Signature of the chairman

**Dr. Rajkumar P Malipatil**

Chairman

DOS in Physical Education and

Sports Sciences KSAWU,

Vijayapura

Date: 22/09/2022

Place: Vijayapur



**EFFECT OF CIRCUIT TRAINING ON SELECTED  
PHYSICAL VARIABLES AMONG SCHOOL GIRLS**

**A DISSERTATION**

**Submitted To The Karnataka State Akkamahadevi Women's  
University, Vijayapura For the Award of the Degree of**



**MASTER  
IN  
PHYSICAL EDUCATION**

**BY**

**Kum. ASHRITHA P. P.**

**M.P.Ed Student**

**Under the Guidance of**

**Dr. SAKPAL HOOVANNA**

**Associate Professor**

**DOS in Physical Education and Sports Sciences KSAWU, Vijayapura**

**Through The Department of Studies in Physical Education and Sports Sciences,**

**KARNATAKA STATE AKKAMAHADEVI WOMEN'S**

**UNIVERSITY, VIJAYAPURA.**

**2022**





**KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA.**

**Department of Studies in Physical Education and Sports Sciences,**

**Prof. Rajkumar .P. Malipatil**  
**DOS Chairman /Dean**


**Mobile No.9945566411**  
**Email:patilrajkumarp@gmail.com**

## **CERTIFICATE**

I certify that the dissertation entitled **"EFFECT OF CIRCUIT TRAINING ON  
SELECTED PHYSICAL VARIABLES AMONG SCHOOL GIRLS "**

was prepared by **Kum. ASHRITHA. P. P** for the degree of master of physical  
education through the department of student in physical education and sports sciences,  
Karnataka State Women's University Vijayapur is based on the results of the study  
carried out by her under my guidance and supervision.

The dissertation or any part thereby has not been submitted elsewhere for the award of  
any other degree.

  
**Signature of the Chairman**

**Dr. Rajkumar P Malipatil**  
**DOS Chairman/Dean**

**Date:**

**Place: Vijayapura**

**DOS in Physical Education & Sports Sciences**  
**KSAWU, Vijayapura**



**"A STUDY ON EMOTIONAL INTELLIGENCE BETWEEN  
ATHLETES AND NON ATHLETES OF AKKAMADEVI  
WOMEN'S UNIVERSITY VIJAYAPUR AND KARNATAK  
UNIVERSITY VIJAYAPUR"**

**Submitted To**

**The Karnataka State Akkamahadevi Women's University,  
Vijayapura**

**For the Award of the Degree of**

**MASTER**

**IN**

**PHYSICAL EDUCATION**

**BY**

**KUM. AKSHATA A KAMBALE**

**MPEd Student**

**Under the Guidance of**

**Prof. D. M. Jyoti**

**Physical Education and Sports Sciences**

**BCSAMU, Vijayapura**

**Through The Department of Studies in Physical  
Education and Sports Sciences,  
KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA.**

**2021-22**







KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA.

Department of Studies in Physical Education and Sports Sciences,

Prof. Rajkumar .P. Malipatil  
DOS Chairman /Dean

Mobile No. 9945566411

Email: [patilrajkumarp@gmail.com](mailto:patilrajkumarp@gmail.com)

## CERTIFICATE

I Certify that the dissertation entitled "A STUDY ON EMOTIONAL INTELLIGENCE BETWEEN ATHLETES AND NON ATHLETES OF AKKAMAHADEVI WOMEN'S UNIVERSITY VIJAYAPUR AND KARNATAKA UNIVERSITY VIJAYAPUR" was prepared by KUM. AKSHATA A KAMBALE for the degree of master of physical education through the department of student in physical education, and sports sciences, Karnataka State Women's University Vijayapur is based on the results of the study carried out by her under my guidance and supervision.

The dissertation or any part thereby has not been submitted elsewhere for the award of any other degree.

Date:

Place: Vijayapur

Signature of the chairman

Prof. Rajkumar P Malipatil

DOS Chairman/Dean

DOS in Physical Education & Sports Sciences

KSAWU, Vijayapura



**COMPARATIVE STUDY ON MOTOR FITNESS  
COMPONENTS AMONG PREVIOUS AND FINAL YEAR  
STUDENTS OF B.PED KARNATAKA STATE AKKAMAHADEVI  
WOMEN'S UNIVERSITY, VIJAYAPURA**

**Submitted To The Karnataka State Akkamahadevi Women's  
University, Vijayapura For the Award of the Degree of**

**MASTER  
IN  
PHYSICAL EDUCATION**

**BY**

**Kum. Sushma B. P**

**MPEd Student**

**Under the Guidance of**

**Dr. Sakpal Hoovanna**

**Associate Professor**

**DOS in Physical Education and Sports Sciences**

**KSAWU, Vijayapura**

**Through The Department of Studies in Physical  
Education and Sports Sciences,**

**KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA.**

**2022-23**





KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA.

Department of Studies in Physical Education and Sports Sciences,

Prof. Rajkumar .P. Malipatil  
DOS Chairman /Dean

Mobile No.9945566411  
Email:patilrajkumarp@gmail.com

## CERTIFICATE

I certify that the dissertation entitled "COMPARATIVE STUDY ON MOTOR FITNESS COMPONENTS AMONG PREVIOUS AND FINAL YEAR STUDENTS OF B.PED KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA" Submitted by Kum. Sushma B.P MPED Final year student under the guidance and supervision of **Dr. Sakpal Hoovanna** Associate Professor I recommended that, this may be accepted as fulfilling the partial requirement for the degree of master of physical education and education and sports sciences, Karnataka state Akkamahadevi Women's University, Vijayapura during the year of 2022-23.

Date: 06/10/22

Place: Vijayapura

Signature of the Chairman

**Dr. Rajkumar P Malipatil**

DOS Chairman/Dean

DOS in Physical Education & Sports Sciences

KSAWU, Vijayapura



**THE EFFECTS OF FOUR WEEKS WEIGHT TRAINING  
ON PHYSIOLOGICAL AND PSYCHOLOGICAL  
VARIABLES OF SECONDARY SCHOOL GIRLS**

**A DISSERTATION**

**Submitted To The Karnataka State Akkamahadevi Women's  
University, Vijayapura For the Award of the Degree of**



**MASTER  
IN  
PHYSICAL EDUCATION**

**BY**

**Kum. MAHADEVI. SABANNA  
M.P.Ed Student**

**Under the Guidance of  
Dr. KIRAN. G.N.**

**Assistant Professor**

**DOS in Physical Education and Sports Sciences KSAWU, Vijayapura  
Through The Department of Studies in Physical Education and Sports Sciences,  
KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA.**

**2022**





KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA.

Department of Studies in Physical Education and Sports Sciences,

Prof. Rajkumar .P. Malipatil  
DOS Chairman /Dean

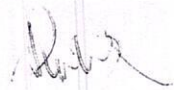
Mobile No.9945566411  
Email:patilrajkumarp@gmail.com

## CERTIFICATE

I certify that the dissertation entitled "THE EFFECTS OF FOUR WEEKS WEIGHT TRAINING ON PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF SECONDARY SCHOOL GIRLS"

was prepared by Kum. MAHADEVI SABANNA for the degree of master of physical education through the department of student in physical education and sports sciences, Karnataka State Women's University Vijayapur is based on the results of the study carried out by her under my guidance and supervision.

The dissertation or any part thereby has not been submitted elsewhere for the award of any other degree.

  
Signature of the Chairman

Dr. Rajkumar P Malipatil

DOS Chairman/Dean

DOS in Physical Education & Sports Sciences

KSAWU, Vijayapura

Date:

Place: Vijayapura



**COMPARATIVE STUDY ON MOTOR FITNESS  
COMPONENTS AMONG PREVIOUS AND FINAL YEAR  
STUDENTS OF B.PED KARNATAKA STATE AKKAMAHADEVI  
WOMEN'S UNIVERSITY, VIJAYAPURA**

**Submitted To The Karnataka State Akkamahadevi Women's  
University, Vijayapura For the Award of the Degree of**

**MASTER**

**IN**

**PHYSICAL EDUCATION**

**BY**

**Kum. Sushma B. P**

**MPed Student**

**Under the Guidance of**

**Dr. Sakpal Hoovanna**

**Associate Professor**

**DOS in Physical Education and Sports Sciences**

**KSAWU, Vijayapura**

**Through The Department of Studies in Physical  
Education and Sports Sciences**

**KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA**

**2022-23**



**"A COMPARATIVE STUDY ON MENTAL TOUGHNESS  
BETWEEN BPED AND MPED STUDENTS,"**

**MASTER**

**IN**

**PHYSICAL EDUCATION**

**BY**

**Kum. SUJATHA K**

**MPed Student**

**Under the Guidance of**

**Dr. Hanumantayya Pujari**

**Assistant Professor**

**DOS in Physical Education and Sports Sciences  
KSAWU, Vijayapura**



**Through The Department of Studies in Physical  
Education and Sports Sciences,**

**KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA.**

**2022-23**





**KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA.**

**Department of Studies in Physical Education and Sports Sciences,**

**Prof. Rajkumar .P. Malipatil**  
**Chairman And Dean Faculty of Education**

**Mobile No.9945566411**  
**Email:[patilrajkumarp@gmail.com](mailto:patilrajkumarp@gmail.com)**

## **CERTIFICATE**

I certify that the dissertation entitled "**A Comparative Study on Mental Toughness between BPED and MPED students**" Submitted by **Kum. SUJATHA K MPED** Final year student under the guidance and supervision of **Dr. Hanumantayya Pujari** Assistant Professor I recommended that, this may be accepted as fulfilling the partial requirement for the degree of master of physical education and education and sports sciences, Karnataka state Akkamahadevi Women's University, Vijayapura during the year of 2022-23.

**Signature of the Chairman**

**Date:**

**Dr. Rajkumar P Malipatil**

**Place: Vijayapura**

**Chairman And Dean Faculty of Education**  
**Department of studies in Physical Education &**  
**Sports Sciences KSAWU,**  
**Vijayapura**



20  
"The Comparative Study Of Physical Education Facilities And  
Programme Among Different Types Of Secondary Schools Of  
Vijayapura District Submitted To The Karnataka State Akkamahadevi  
Women's University, Vijayapura"

MASTER  
IN  
PHYSICAL EDUCATION  
BY  
Kum. DEEPA BADIGER  
MPed Student

Under the Guidance of  
Dr. Srinivasa

Associate Professor

DOS in Physical Education and Sports Sciences  
KSAWU, Vijayapura



Through The Department of Studies in Physical Education and Sports Sciences,  
KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA.

2022-23



21

**A COMPARATIVE STUDY OF CARDIOVASCULAR  
FITNESS BETWEEN SPORTSPERSON AND NON  
SPORTSPERSON”**

**MASTER**

**IN**

**PHYSICAL EDUCATION**

**BY**

**Kum. YASMIN M MUJAWAR**

**MPed Student**

**Under the Guidance of**

**Dr. Srinivasa**

**Associate Professor**

**DOS in Physical Education and Sports Sciences  
KSAWU, Vijayapura**



**Through The Department of Studies in Physical Education and Sports Sciences,  
KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPURA.**

**2022-23**



**"THE STUDY OF ATTITUDE TOWARDS PHYSICAL  
EDUCATION AS A ACCADAMINC SUBJECT FOR  
DEGREE COLLEGE STUDENT VIJAYAPURA"**

**Submitted To**

**The Karnataka State Akkamahadevi Women's University,  
Vijayapura**

**For the Award of the Degree of**

**MASTER**

**IN**

**PHYSICAL EDUCATION**

**BY**

**KUM. SHILPA R**

**MPEd Student**

**Under the Guidance of**

**Prof. B. M. Jyoti**

**Physical Education and Sports Sciences  
KSAWU, Vijayapura**

**Through The Department of Studies in Physical  
Education and Sports Sciences,**

**KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA,**

**2021-22**



**EFFECT OF YOGASANA ON PHYSICAL AND  
PSYCHOLOGICAL VARIABLES OF SECONDARY  
SCHOOL GIRLS**

**Submitted To**

**The Karnataka State Akkamahadevi Women's University,**

**Vijayapura**

**For the Award of the Degree of**

**MASTER**

**IN**

**PHYSICAL EDUCATION**

**BY**

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**Under the Guidance of**

**Prof. Rajkumar P. Malipati**

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**KARNATAKA STATE AKKAMAHADEVI WOMEN'S  
UNIVERSITY, VIJAYAPURA**

**2021-22**





KARNATAKA STATE WOMEN'S UNIVERSITY, VIJAYAPUR



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**CERTIFICATE**

I Certify that the dissertation entitled "A COMPARATIVE STUDY OF PHYSICAL FITNESS COMPONENTS BETWEEN VOLLEYBALL AND KABADDI PLAYERS WOMEN'S UNIVERSITY INTER COLLEGIATE PLAYERS" was prepared by **MISS. AKSHATA KUNDANGAR** for the degree of master of physical education through the department of student in physical education and sports sciences, Karnataka State Women's University Vijayapur is based on the results of the study carried out by her under my guidance and supervision.

The dissertation or any part thereby has not been submitted elsewhere for the award of any other degree.

**Signature of the guide**

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Date:

Place: Vijayapur



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**A DESSERTATION SUBMITTED IN PARTIAL FULLFILMENT OF THE  
REQUIREMENTS FOR THE DEGREE OF MASTER OF PHYSICAL  
EDUCATION**

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**2022-23**